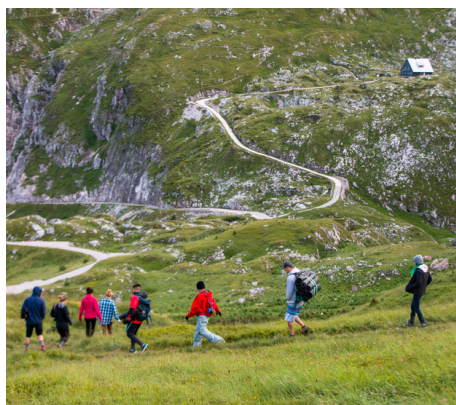
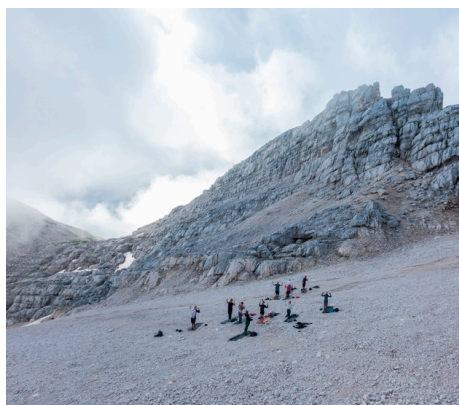


UNIQUE EXPERIENCES IN THE SLOVENIAN ALPS

ADVENTURE | CULTURE | NATURE | MINDFULNESS | COMMUNITY



UNIQUE EXPERIENCES THAT PROMOTE EMPOWERMENT & COMMUNITY

You and your guests are invited to share a unique and unforgettable experience with us in Soča Valley, Slovenia! These curated Experiences are meant to provide you with a memorable and fun activity where you're able to learn about the local culture, try something new, venture outside and **CONNECT** to yourself and a community of wonderful humans, looking to move their body and have fun doing so!

AUTHENTIC & INCLUSIVE

For the past 10 years, AdZENTures has been curating '**Experiential Activities**' for people who are looking for a unique way to experience the authentic Slovenia and its vibrant culture. To live like a local and participate in the best activities and nature Soča Valley has to offer!

We strive to create unforgettable experiences for our guests that make them feel welcome and empowered. And we would love for your guests to experience the magic of our AdZENTures!





ALL-INCLUSIVE, IMMERSIVE RETREATS

You're invited to immerse yourself into the enchanting culture of Slovenia! Join one of our existing retreats or let us plan a custom itinerary for you and your group!

Challenge yourself through outdoor adventures in Soča Valley. Push your boundaries through adventure and embracing the unfamiliar. That could mean extreme sports and adrenalin activities or simply disconnecting and slowing down, taking the time to relax and be present. Experience daily wellness practices from an experienced instructor. Take to the mountains and soak up the beautiful nature with the guidance of your local hosts. Enjoy amazing, local food and drinks, keeping you fueled for your adventures.

Inclusions:

- Transportation to all activities + airport transfer
- Accommodation
- Daily excursions & adventures
- Daily wellness practices & mat rental
- All meals + drinks (including beer and wine)
- Local guide for the week

Not included: gratuity, travel insurance

Price: From 3050€ per person





WEEKEND RETREATS & ADVENTURE CAMPS

Join us for a weekend of wellness in the beautiful Soča Valley! Experience a weekend of nature, adventure activities, cultural excursions, yoga and community. With our 2-night/3-day retreat you'll get to experience the BEST of Soča Valley!

Activities include Mountaintop Yoga, guided meditation, Riverside Yoga, scenic hikes, guided tours, local meals, evening campfire and more, depending on what you're interested in doing while in Bovec.

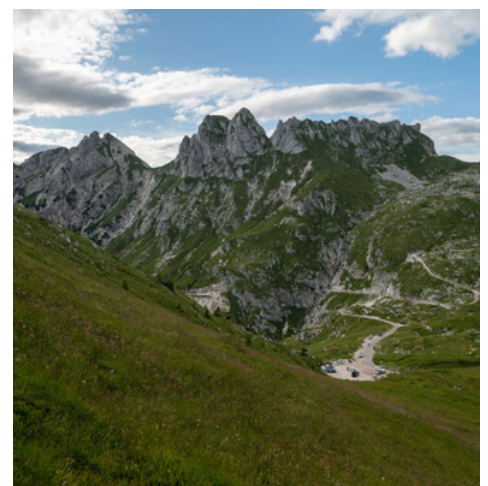
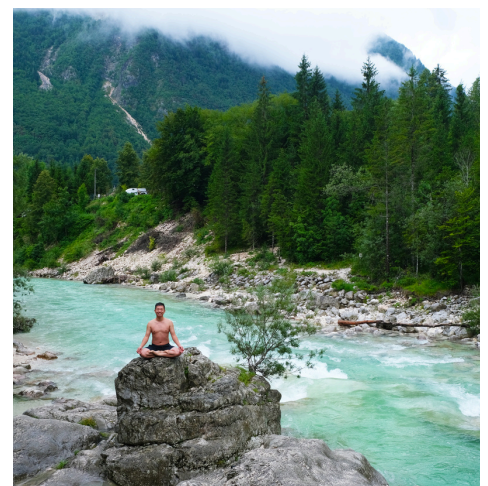
We can also arrange for adventure activities such as whitewater kayak, canyoning, skydiving and anything else you'd like to experience while visiting the Valley of Adrenaline! Join us for a weekend of rejuvenation and Wellness in the magical Soča Valley!

Inclusions:

- Transportation to all activities
- Daily yoga excursions & mat rental
- All meals listed + drinks (including beer and wine)
- Local guide for the weekend

Not included: gratuity, accommodation, travel insurance

Price: From 350€ per person





MOUNTAINTOP YOGA AT SUNRISE

Travel from Bovec to the top of Mangart Mountain for a yoga experience unlike any other. The drive is roughly 45 minutes up the highest drive-able road in Slovenia. Prepare for a short, 10 minute walk to the yoga spot.

Enjoy yoga suitable for any level of practitioner on the mountaintop whilst witnessing panoramic views of Slovenia, Italy, and beyond as the sun peaks over the mountains.

Duration: 3.5 hours

Inclusions: Scenic yoga, mat rental, transportation.

Price: 50€ per person

2 guest minimum to host experience.
Private bookings are available.





RIVERSIDE YOGA & LOCAL WINE

Enjoy a yoga flow next to the pristine Soča River along the limestone rock beaches or under the gorgeous Larch trees.

After the 1.5 hour yoga session, enjoy a complimentary craft beer from our local brewery, Thirsty River!

Bring a camera, sunscreen and towel.

Duration: 2 hours

Inclusions: Scenic yoga, mat rental, transportation, .5 liter of local craft beer

Price: 30€ per person

2 guest minimum to host experience.
Private bookings are available.





STAND-UP PADDLE BOARD YOGA

Join us for a special session on Lago de Predil for a BEGINNER-FRIENDLY SUP class. For those who have never been, don't worry...this is not as hard as it looks and is perfect for a sunny (or rainy) day!

We will go through the basics of SUP followed by a lovely paddle around the lake until we get to our yoga spot.

We will enjoy 1 hour of yoga flow that is customized for the SUP.

Duration: 3.5 hours

Inclusions: Scenic SUP, board rental, transportation, life jacket

Price: 65€ per person

2 guest minimum to host experience.
Private bookings are available.





YOGA IN THE VALLEY

If you're looking to add a little mindfulness or ZEN to your holiday, join us for Soča Valley Yoga! Start your day in the Emerald Valley with a beginner-friendly yoga session. Sessions are led by Lindsey, a 500 E-RYT that has been teaching yoga since 2011 and leading yoga sessions in Soča Valley since 2015.

Join us for a 1-hour yoga session in the beautiful Soča Valley. This is a great opportunity to stretch and move your body after a day on the river, a hike in the mountains or to simply relax on your holiday. Classes are taught in English.

This experience is suitable for all levels, including beginners and ages 12+. We have a beautiful indoor space available if the weather does not permit us to be outside.

Duration: 1.5 hours

Inclusions: Yoga instruction & mat rental

Price: 15€ per person





MEDITATION

Are you new to yoga? New to meditation? No problem at all! Our experience is designed for everyone. Our instructors are laid back and great at breaking down the breathing exercises and best practices so even those with no prior experience, are set up for a relaxing experience!

We start with a short movement exercise with some easy stretches to warm up the body and stabilize the breath before heading into our guided meditation. The practice happens outside under the blue sky or moonlight with candles depending on the time you book. We will host the experience inside if weather doesn't permit an outdoor practice.

Duration: 1 hour

Inclusions: Guided meditation & mat rental

Price: 20€ per person





SPECIAL PROGRAMS

From Acroyoga to an overnight stay in a mountain hut to waterfall tours through Soča Valley, you name it, we can coordinate it!

We've been guiding and planning special experiences since 2016 and would love to facilitate an amazing experience for your guests in our beautiful valley!

Guests choose the program, duration, the group size, activity level and inclusions.

- Campfire dinner by the river
- Formal Forest Feast
- Acroyoga lesson
- Cacao ceremony
- Yoga and massage
- Mountain hut trek/overnight stay
- Waterfall tour
- Forest bathing and meditation
- Agrotourism farm visit
- & More!

We can tailor the program for individuals, couples or small groups!



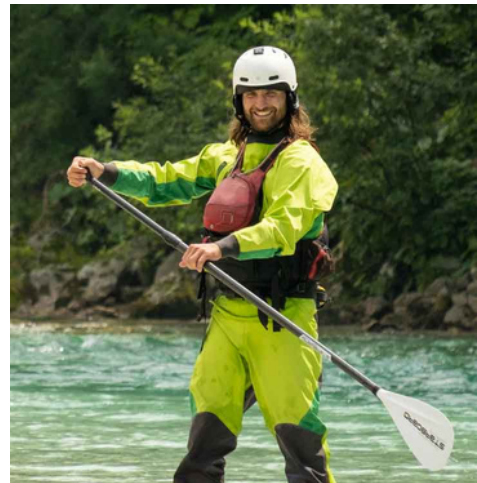


ADVENTURES

Whether you're interested in paddling the whitewater rapids of the infamous Soča River or would like to jump from an airplane high above the Julian Alps as you descend down into the valley with unparalleled views, we've got you covered.

AdZENTures has been operating in the valley for 8 years and have partnered with the best leaders in their craft. Let us help your guests plan an unforgettable adventure in the Valley of Adrenaline.

- Whitewater Kayak
- Whitewater Rafting
- Zipline
- Flyfishing
- Standup Paddleboard
- Skydiving
- Paragliding
- Foraging
- Craft Brewery Tour
- Ceramics
- Photography
- Via Ferrata
- Wine Tasting
- Scooter Tours & More!





OFF THE BEATEN PATH || AUTHENTIC EXPERIENCES ||
ACTIVE HOLIDAYS || EMPOWERING ADVENTURES

We are so excited to welcome guests who are interested in a unique way of experiencing Slovenia...an authentic, immersive experience to get a true feel for a new culture!

Our mission is to provide Experiential and Immersive Activities for guests who are interested in trying new things and opening their mind through nature, movement, experience, mindfulness, community and adventure.

We would be honored to work with you and hope we can create an experience that you, your clients and their audience will cherish and remember!

Thank you so much for this amazing opportunity to present our programs. We look forward to our future collaboration with you and your clients.

Very Sincerely,

Lindsey Conroy
Owner, CEO, Lead AdZENTurer

